# St. Timothy's MAGAZINE





# St. Timothy's Magazine Fall & Winter 2023

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# **Our Mission**

"St. Timothy's Episcopal School is a nurturing community of academic excellence that instills the knowledge, skills, and values for a life of purpose."





As Head of School, I spend a lot of time reflecting on our St. Timothy's traditions.

At the first STS Christmas Pageant, when Fr. Hale was inspired to create a new role for a student upset to not have a part—the star of Bethlehem—did he realize the generations of future "stars" he was creating?

Or the first time that "October Rocktober" was sung in the Pumpkin Parade, did the audience know that there would never be another October at St. Timothy's School without that song?

When Balloon Day (starting as "Balloons for Belize"), Blue and White Days, Cupcake Days, and more, all began... did we realize that we were creating lasting, impactful experiences and memories that thousands of people would carry with them throughout their lives and that continue to this day?

I suspect some traditions were created accidentally, while others were created intentionally—but, regardless, what makes them endure is that they become deeply meaningful to each of us, and they unite us as members of a very special St. Timothy's School community.

This was on my mind during my sabbatical last fall. For a school where community and traditions are so important, we struggle to find a way for our 575+ students and 100+ faculty and staff to ever truly be all together in a single place to celebrate any of our traditions.

As I visited different schools, I was initially looking at examples for buildings we might build—things like "gymnatoriums" and student activity centers. I'm hopeful that we might one day bring such a building to our campus, too.

For the meantime, though, I found inspiration when I visited Trinity Episcopal School in Charlotte. At Trinity, all students and teachers gather together in their courtyard on Monday mornings for prayer, music, and community celebration. They call it Greet the Week.

This fall, introducing Greet the Week at St. Timothy's School has been a highlight for me. Every Monday morning, all of our students, faculty, staff, and administrators gather together in the courtyard. There's music and dancing and then a centering time when our chaplains lead us in prayer and a responsive reading from scripture. We take a moment for gratitude and celebration (whether involving the 1300+ pounds of candy we collected for the USO this fall or the time my son got to throw a pie in my face as one of the "winners" of the Fall Festival raffle). Then Joe, our Student Council President, leads us all in the Pledge of Allegiance.

I can think of no better way for us to start a week. And while we are only a few months in, my sincere hope is that Greet the Week might join that list of treasured STS traditions that will hold meaning for our community for years to come.

It just reaffirms what we all shout together at the conclusion of every Greet the Week: It's a great day to be a Titan!

Dig & Daing

TIMOTHY L. TINNESZ HEAD OF SCHOOL

# St. Timothy's

**School Crest** 





Signifies the fourfold mystery of the cross

## **St. Timothy School Colors**



**Cardinal Red** 

Symbolizing Sacrifice.



**Royal Navy** 

Symbolizing Truth and Loyalty.



**Light Blue** 

Symbolizing Calmness and Serenity.



**Pure White** 

Symbolizing Peace.

# **Student Awards**



## Miles Kirby 2023 Headmaster's Cup

Miles Kirby was the recipient of the 2023 Headmaster's Cup. The Head of School carefully reviews nominations from faculty members based on overall academic performance, extracurricular involvement, leadership, and service along with the core character traits of kindness, respect, honesty, and responsibility to select the recipient of the Headmaster's Cup. Miles is now a freshman at Cardinal Gibbons High School.



#### **Patrick Tinnesz**

2023 Faculty Cup

Patrick Tinnesz received the 2023 Faculty Cup. Selected by the Middle School Academic Council, the award is given to an eighth-grade student that best embodies our Portrait of a Titan. Patrick is now a freshman at Ravenscroft School.



#### **Smith Kibbe**

2023 Chick-fil-A Second Mile Servant Leadership Award

Smith Kibbe was awarded the 2023 Chick-fil-A Second Mile Servant Leadership Award. Sponsored by the North Hills Chick-fil-A, this annual award is given to a student-athlete who best displays humility, a positive attitude, good work ethic, good sportsmanship, and great character. Candidates are nominated by their peers and coaches, and the winner is selected through an anonymous voting process. Smith is now a freshman at Baylor School in Chattanooga, Tennessee.



# **Presidential Volunteer Service Award**

St. Timothy's School is a certifying agency for the Presidential Volunteer Service Award. Service is a crucial component here at STS and is one attribute when developing the Portrait of A Titan. These seventh and eighth graders "Love and serve God and one another" and faithfully volunteered their time during the 2022-23 school year, between 50-100+ hours, receiving the Presidential Service Award for their commitment. There are three service levels; Bronze: 50-74 hours, Silver: 75-99 hours, and Gold: 100+ hours

#### CONGRATULATIONS

# **Class of 2023**

On Friday, June 2, family, friends, faculty, and trustees gathered to celebrate the 81 members of St. Timothy's School Class of 2023.













# **CLASS OF 2023 MATRICULATION**































81 Students in the Class of 2023

# **Fun-Filled Fall**

Traditions make up who we are here at St. Timothy's School. It is the first year since Covid restrictions that we have been able to bring back those long standing traditions, as well as add in some new events like Greet the Week, Mystery Reader, and the USO Candy Collection. One thing is clear, these beloved traditions were missed, and the new ones are becoming crowd favorites!







New Titan families were welcomed to campus before the first day of school to meet teachers, see classrooms, hear from faculty, staff, and board members, and spend time in community at a cheese and wine gathering.



#### **Greet the Week**

Our newest tradition here at STS is Greet the Week, where each Monday, all faculty, staff and students gather together as one community in the courtyard. This is a time for prayer, fellowship, shout-outs for all of the wonderful things happening, and reciting the pledge of allegiance.



#### **Back-to-School BBQ**

Community is the heart of who we are at St. Timothy's School. The Back-to-School BBQ is the perfect opportunity for our Titan families to come together for fun, fellowship, and delicious BBQ. There is no better way to kick-off the start of the school year!



#### **Titan Ambassadors**

Over 100 sixth through eighth grade students signed up to be members of this leadership and community development program. Ambassadors serve the Titan community at school events, helping with school tours, the Fall Open House, supporting our Annual Fund campaigns, and so much more.



# **Community Storytime Mystery Reader**

Pre-K this year visits the library for "Community Storytime," where different members of the school community are invited to read to the students and the students can ask questions about their role and job. This time together creates the opportunity for our newest Titans to get to know faculty and staff.



#### **Day of Service**

In honor of September 11, eighth graders spent the day serving in the community. They began their morning at Activate Good for a service event. While there, they made blankets, formulated civil service plans, and assembled school bags. That afternoon, students split into three groups and traveled to the NC Food Bank sorting 8,125 meals, the Green Chair Project dropping off bedding donations and touring the space, and Note in the Pocket where students organized clothing donations.



## **Leadership Celebration**

This beautiful September evening was spent in the courtyard celebrating and thanking those who give so generously to the St. Timothy's School Annual Fund. To conclude the evening, guests enjoyed remarks from Head of School, Tim Tinnesz, and Board of Trustees Chair, Joe Diab.



#### **Art Showcase at Aladdin's**

Second graders had their art on display at Aladdin's Eatery. Those featured spent time after school celebrating with their families and Ms. Bierer and Ms. Behrens.



#### **MS Dance & Lock-in**

Before the dance, fifth and sixth graders had a social with popsicles and a choice of seven different activities. Seventh and eighth graders danced the night away at the first school dance of the year. After the dance, the eight graders were treated to an overnight lock-in that included several rounds of campus-wide manhunt, a scavenger hunt that took them throughout the main building, and lots and lots of snacks!



# Friends T-shirt Day & Titan Spirit Day

Each year, Friends of St. Timothy's designs and sells a t-shirt for students, teachers, and parents. Students wear this t-shirt in place of their uniform shirt on first Fridays throughout the year. On the third Friday of the month, students show their school pride by wearing all of their swag including flannel pajama bottoms on Titan Spirit Days.



## **Pep Rally**

What better way to celebrate Titan Athletics than by having a pep rally! This fall, the middle school gathered for a fun students versus faculty volleyball game to honor and celebrate our Titan Athletes participating in soccer, volleyball, cross country and tennis.



#### **Cupcake Day**

This "sweet" tradition is organized by Friends of STS and happens four times a year. These delicious treats are donated by parents for students to purchase. The money raised goes back into the school to fund things like Parent Education Speaker Events, Teacher Professional Development, Special Gifts and Projects for the school and up to \$200 per teacher for items they need in their classrooms...just to name a few.



## **Biggles & Littles**

This mentor program partners fourth grade students with Kindergarteners who spend time together having lunch, reading, sharing in a special Friendsgiving, but most importantly, developing long lasting friendships.



## **High School Fair**

Over 30 schools were in attendance locally and from all over the country for the STS High School Fair. This event is open to the public, and many in the community take advantage of the opportunity to learn about their high school options.



#### **Artwork at the NC State Fair**

STS had six students whose artwork was chosen at the North Carolina State Fair this year on display in the Gov. Kerr Scott building. The artists featured were third graders Graham Bennett and Miles Habel, fourth grade students Brooks Downer (shown here) and Vivian Yates and fifth graders Helen Howes and Ella Huang.



#### **Halloween**

Everyone gets into the spirit of Halloween coming up with creative and elaborate costumes. This year was no exception with middle school teachers teaming up as muppet characters and students dressing up as Dorothy, Harry Potter, Kernel Sanders, and Mary Poppins to name a few. A couple of themes were evident, Taylor, Kelce and all things Mario!



#### **Fall Festival**

What an evening at STS as families and friends gathered for the annual Fall Festival. There were games, food, dancing, basketball, face painting, balloon making, bouncy houses, cake walks, and so much more. Best of all, we were all together as a community!



### **Pumpkin Parade**

A time honored tradition, the Pumpkin Parade is one of the fall favorites with Pre-K through second grade dressing up, and parading in for parents and friends then singing fun Halloween and fall themed songs, which yes, still included the song "Rocktober!"



#### **USO Candy Collection**

In preparation for Veterans Day, fifth grader Harrison Johnson pitched the idea to show gratitude by partnering with the USO and holding a candy drive to support and brighten the holidays for our troops. As a school community, STS collected a grand total of 1,310 pounds and 15 ounces of candy! Each class "weighed" in with their donations and Ms. Schwartz's class had the highest total weight collected, 207 pounds and 8.4 ounces, resulting in both kindergarten classes being able to help load up the donations when the USO reps visited campus.



#### **Veterans Day**

St. Timothy's welcomed over 30 Veterans from multiple military divisions to show our gratitude at this year's Veterans Day celebration. Veterans spent time with family members and then processed into the gym for a celebratory ceremony. Kindergartners sang "God Bless America" and "Oh, I love America." The Titan community chanted U.S.A., and each Veteran shared the division for which they served, followed by a message from retired Army Chaplain Assistant Zaymeen Reese.



#### **Open House**

On Sunday, November 12, St. Timothy's Admissions and Enrollment Team hosted an Open House welcoming prospective families to campus. This day was a big success due to the help of volunteers. Alumni and Titan Ambassadors were key to welcoming families, answering their questions, and leading them on tours to meet faculty and staff.



## **NC Thanksgiving Parade**

The fourth grade created floats to showcase all things NC in the STS Fourth Annual North Carolina Thanksgiving Parade. The creativity was genius from Duck Donuts, sports teams, local universities, beach destinations, the state fair, Cheerwine, Pepsi, yummy favorites like Cookout and Bojangles, and so much more!

# Parent Testimonials 60 TIMES





#### **Hiroko Reams**



## **Louise Beasley**

the world around them."



## **Kemp Mosley**



## **Phillip Simson**



## **Regina & Torrence Harrell**

Alumni Parents

"The curriculum designer and leadership of the school have made sure that all of the students have been able to thrive in whatever area the students identify as their strength. For that, St. Timothy's has adequately and overly prepared our son for the challenges that come with high school."

# St. Timothy's School Annual Fund

# WHY GIVE?

Each year, St. Timothy's asks our community to give as generously as possible to the St. Timothy's School Annual Fund. Contributions help enhance academic programs for students, provide professional development opportunities for faculty and staff, support technology in classrooms and upgrade campus facilities.

# WHO GIVES?

Parents, Faculty, Staff, Alumni, Former Parents, Grandparents, Board of Trustees and Friends all support the St. Timothy's Annual Fund.

# HOW MUCH?

Any amount is appreciated! Our goal this year is to increase giving across all donor groups in our community. Participation is what counts. Please consider giving generously through one of our Giving Levels. St. Timothy's Annual Fund Giving Levels include:

GIVING LEVELS			
Legacy Society	. \$10,000+		
Titan's Circle	\$7,500 to \$9,999		
Chairman's Honor Society ——	- \$5,000 to \$7,499		
1958 Society	\$2,500 to \$4,999		
Headmaster's List	\$1,000 to \$2,499		
Red, White & Blue Club ———	\$500 to \$999		
Honor Roll	\$250 to \$499		
Patron's Club —————	\$249 and below		

The St. Timothy's Annual Fund runs from July 1, 2023 - June 30, 2024.

Your support is welcome at any time!

WHEN TO GIVE?

Visit sttimothys.org/giving or reach out to Marian Godwin in the Development Office at 919-787-3011, ext. 1012 or mgodwin@sttimothys.org. Please consider joining our Monthly Giving Program by creating a recurring monthly gift online at sttimothys.org/give. If your employer has a matching gift program, please take advantage of this wonderful opportunity to increase your giving.

HOW TO GIVE?

Day of Giving
MARCH 6, 2024





**TITANS** 

# St. Timothy's Athletics

This fall, our Titan Athletes worked hard and competed at a superior level. One of the several season standouts included an undefeated JV Boys Soccer team! Varsity Soccer player, Vance Dutton, led the team in scoring. Bethany Dempsey, a new fourth-grade teacher, was added to the coaching staff of JV Volleyball. Other highlights included the Varsity Volleyball team having a regular season record of 11-2 and the Girl's Tennis team making it to the conference finals! Read more to learn how these Titans represented STS proudly, and all they accomplished this fall sports season.





## **JV Soccer**

Coach Ivan Gattis led the JV Boys Soccer to an undefeated season this fall! The boys had strong performances against Cary Academy and Our Lady of Lourdes to ensure the perfect season. A strong all around performance where throughout the season they averaged beating their opponent 5-1 across all games. The future looks bright!



# **Varsity Soccer**

Coach Colleen Camaione-Edmonston returned to lead the Varsity Soccer team this fall. She was assisted by alums Taylor Currie and Lewes Powell. The boys were competitive across all competitions with their biggest loss of the season only being two goals. The team finished with a 7-6 record and earned the fifth seed in the conference tournament. After a quarterfinal win against Grace Christian where both eighth grade captains Liam Playford and Burns Zimmerman played great, they were ousted in the semifinal match against Cary Christian. Eighth grader Vance Dutton led the team in scoring, and eighth grader Max Alviani was an excellent goalkeeper all season



## **JV Volleyball**

Coach Tiffany Bartholomew returned for her second year as Head Coach, and Fourth Grade Teacher Bethany Dempsey joined her as they led the JV Volleyball team. The girls saw tremendous improvement in their skills over the course of the season. The highlight was the home victory over the Duke School. Sixth Grader Ellie Lippman served a fantastic game and the girls brought home a thrilling victory in front of the supportive fans. The overall record was 3-6, but they will certainly be remembered for how close every game was.



#### **Girls Tennis**

Coaches John Markham, Park Lockrow, and Carol Lockrow were instrumental in leading the Girls Tennis team to a 9-2-1 record this fall. This led to a third seed in the conference tournament. Led by eighth graders Ellerbee Brewer and Emma Langley Cheek, the team stormed through the quarterfinal round beating Franklin Academy 9-0. They met second seed Trinity Academy in the semi-final match, and despite losing in the regular season, the girls tennis team put together their best performance of the season to upset Trinity and reach the Championship Match against St. David's. The Titians played an incredible match, though losing 3-6. these Titans had a wonderful season.



## **Varsity Volleyball**

Coach Judy Whitley led the Varsity Volleyball team to a regular season record of 11-2. This record led to a second seed heading into the conference tournament. The team saw consistent play all year long from eighth grade Captains Shaffer Hale and Cece Marsh. Despite not being at full strength for the tournament, the girls played a great quarterfinal match against Magellan that concluded their incredible season.



#### **Cross Country**

Coaches Kayla Green, Mark Kinnaird, and Phoebe Guice returned to coach this season with the wonderful addition of coach Emily Reichard. The Boys XC team finished second overall (out of 10 teams), losing by just two points (that's incredibly close, most teams are 10-20 points apart). Colton White came in seventh, and Gregory Hewitt placed eighth overall. There were more than 120 runners. The Girls finished third out of 10 teams. Beatrice Duffy placed second, and Sara Cate Gillikin placed fifth out of 116 runners.

# **Off-Campus Learning**



STS is committed to learning outside of the classroom, and since the beginning of the school year students have been out and about learning and exploring! Check out all of our exciting Titan travels!

"Field trips provide students with opportunities to make meaningful, real-world connections to what they have been learning in the classroom. Whether it's watching a favorite picture book come to life through a theater production or exploring the plant life cycle at the arboretum, field trips encourage curiosity and exploration that extend learning beyond the classroom walls."

**Lindsey Behrens** Head of Lower School



# Panadería La Espiga

Middle school Spanish students visited Panadería La Espiga, a Mexican bakery in Raleigh.



#### **NC Food Bank**

Sixth graders gleaned almost 4,000 pounds of sweet potatoes that were taken to the NC Food Bank to be distributed to those with food insecurities.



#### **JC Raulston Arboretum**

Second graders took a field trip to JC Raulston Arboretum to learn about plants and weather.



#### Firehouse #9

Kindergarteners visited our next-door neighbors, Firehouse #9, and learned all about how first responders work and live.



## **Black Mountain**

Sixth graders traveled across the state to Black Mountain where they participated in a ropes course and other team-building activities.



# **Meymandi Concert Hall**

First graders took the new Titan buses downtown to Meymandi Hall to watch a performance about kindness.



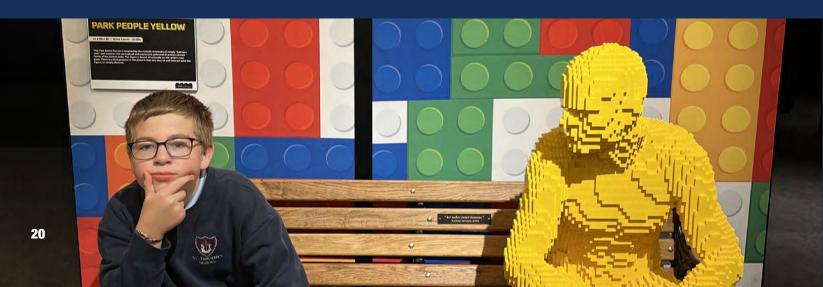
# **Lego Exhibit**

Art Club (6th-8th grade) visited a traveling Lego Art Exhibit here in Raleigh featuring art by Nathan Sawaya, a sculptor who creates art solely from Legos. Students enjoyed viewing and interacting with his art and participated in a scavenger hunt.



## **Civil Rights Museum**

STS eighth grade students traveled to Greensboro to learn about the civil rights era and experience the birthplace of the Sit-In Movement at the International Civil Rights Museum. This meaningful learning experience coincides with curriculum units of study in history, literature, and ethics. The tour guides, several participants in the civil rights movement or relatives of those who participated, shared first-hand accounts of their experiences and showed our students that young people are powerful and can make positive changes in our world.

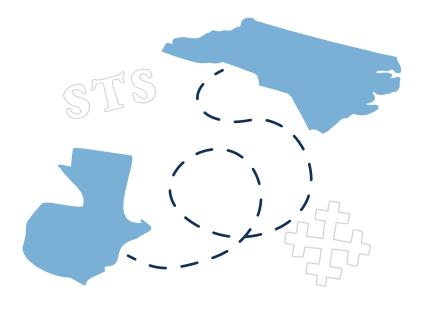


St. Timothy's Exchange Students

Since 2012, St. Timothy's School has partnered with Jump the World -Experiencias Interculturales welcoming and sending students to and from Guatemala. STS is one of over 40 private middle and high schools across the US participating in this program. Each year, the school hosts three to five students in the fifth through eighth grades who travel to Raleigh from independent schools from all over Guatemala with English Immerson programs. Before making the flight, these students undergo a year-long training program in preparation. Once they arrive, they are greeted by STS families who agree to become their host home. The program's success is dependent on our Titan families answering the call to become hosts.

"We hosted the fall of 2019," Hayden Holt shared. "It was a positive learning experience for us and for Alejo. It was great to share our language and culture with him. He loved the North Carolina State Fair, dressing up, and trick-or-treating for Halloween, and our Thanksgiving feast (he loved to eat!)! He spent time with other families because he was very social and outgoing and made a lot of friends in his grade level. Likewise, my friends and family enjoyed meeting Alejo and learning about Guatemala. He left with both an NC State Wolfpack and a Carolina Tar Heel t-shirt!"





Over the eight weeks, from mid-October until the beginning of December, which is their summer break, our Guatemalan friends attend class completing the same course load as STS students. They attend field trips, participate in clubs and community activities while experiencing all Raleigh has to offer as a member of their host family.

In addition to improving their English, students are responsible for cooking a traditional dinner for their host family and presenting a cultural presentation about their life to their peers, in both the lower and middle school.

STS Spanish teacher, Jump the World coordinator, and three-time host, Lisa Lowrance, spoke about the importance of the program saying, "Having someone in our home opened up the world to our children, our extended family, and our neighbors. When these students come, they become a part of your family. It is like having another child in your family. Life-long friendships are formed, we travel back and forth to visit, and make it a priority to stay in touch."

Jump the World – Experiencias
Interculturales is ready to welcome our
Titans to participate in an exchange in
Guatemala. Seventh-grade students can
travel as early as spring break of 2024 during
Holy Week. For more information about
hosting or having your child participate in
the program, contact Lisa Lowrance at
Ilowrance@sttimothys.org.



Our family had the great opportunity to welcome Javi into our home and lives for eight weeks. When you first sign up, you don't know exactly how it's going to go, what the highlights will be, what challenges we might face together. Javi has been a wonderful, smart, positive, resilient young man and he adapted to our home life quickly. We've introduced him to American football, gone to hockey games, taken him to Virginia, and shared Thanksgiving traditions with him. His English is fantastic, and we try to teach each other new words. Some of my highlights have been cooking dinners together, helping him to get on the big screen at the Canes game, our good night hugs, and Halloween! We will miss him greatly, but we've already committed to keeping in touch and seeing one another again soon.

**-Laura and Rob Brown** Parents of Robbie '18, William '20, and Alex '26

# St. Timothy's Program History

**Exchange Student** and Host Family

2012

**Laura Montero** Mallory and Monica Sokolove **Julio Penados** Misty and Brian Howell

2013

**Lucy Paiz** Mallory and Monica Sokolove **Mafer Cachéo** Stephanie and Karl Konrad

2014

Maria Paula Saca Stephanie and Maury Tepper Sebastián Peña Beth and Peter Lane Quique Sanchez Marya and Charles Upchurch

**2015** 

Nicolás Urioste Kristi and Curt Plyler

Dani Garcia Lisa and Bryan Lowrance

Pablo Trujillo Colleen Camaione-Edmonston and

Christopher Edmonston

**Grethel Bonilla** Kimberly and Jerry Myers

**2016** 

Isabella De la Cruz Libby and Brian Hnat

Paulis Amado Caniz Stori and Simon Bartle

Lalo Ríos Dueñas Richard Busby

2017

Agustina Echeverria Andra and Eric Lurie
Kevin Barrientos Lisa and Bryan Lowrance
Lalo Ríos Dueñas Richard Busby
José Gabriel Josette and Thomas Holland

2018

Sophi Almazan Juarez Lina and Jason Lemons
Isa Maldonado Carrera Toni and Chase Haddix
Wicho Chavarria Forero Jennifer and John Markham
Pau Castillo Castillo Susan and John Denny

2019

**Alejo Gonzalez** Hayden and Jeremy Holt **Isa Susbielles Tobar** Lisa and Bryan Lowrance **Bea Ruano Perez** Josette and Thomas Holland

2022

**Nico Mora** Tyler and Mike Cunningham **Cami Gonzalez** Katrina and Jonathan Sizemore

2023

**Javi Villela Menendez** Laura and Rob Brown **Pame Guevara** Sherry and David Heuser

& Paige and Ken Marsh

Maraiandré Garcia Paredes Dorothy and Jason Crowder

**CHAPLAIN FEATURE** 

# Question & Answer with STS Chaplains

## **Kelsey Leachman**

STS School Chaplain

## **Steven McCain**

STS School Chaplain & Minister of Congregational Formation at St. Timothy's Church



Steven:: I have roles and responsibilities at both STS and St. Timothy's Church. At STS, I plan and lead our chapel services as well as our "Greet the Week" which is our school-wide time of prayer and announcements.

**Kelsey:** I oversee all of our classes and daily Morning Prayer. I also organize the Chapel Guild which is a group of twenty-two sixth to eighth graders that meet during the club period.

It is important that Steven and I evenly distribute our time between the classroom and chapel. We want students to see that both men and women can teach and preach. I spend about two-thirds of my time in the classroom and one-third of my time preaching in chapel. Steven is the opposite and spends one-third of his time in the classroom and two-thirds of his time preaching in chapel.

**Steven:** We also provide pastoral care for the faculty, staff, students, and families of the STS community.





# Can you share with us more about the classes you teach?

Kelsey: One of the classes we teach is World Religions class, and it respectfully introduces students to other religious traditions and their perspectives. We cover Judaism, Islam, Buddhism, Hinduism, and Indigenous Religions among other things. We spend time identifying the similarities and differences between those religions and Christianity, and then we teach students how to appreciate those differences with respect.

**Steven:** We also teach a class on Christianity. Christianity is a broad category, and we cannot cover everything based on our time constraints. A big focus of the class, however, is how we locate ourselves within the Episcopal tradition. Scripture is key, and we want students to understand the contexts of biblical passages so that they might be able to connect key stories in the Bible and see how it all fits together.

# I understand that you are both married, but not to each other which is the general assumption on campus. That is not really a question, but do you care to set the record straight?

**Kelsey:** Yes, not to one another! I have been happily married for four years to my husband Henry. He is the District Manager for Happy + Hale, so we eat lots of salad!



**Steven:** My wife, Elizabeth, and I have been joyfully married for seven years. Elizabeth is a pediatrician at Duke. We have two kids. Ben is three, and James is fifteen months old. We also have a dog named Luna.



# If you had thirty minutes to an hour all to yourself, how would you spend it?



**Steven:** By going outside! I love hiking and camping. I also enjoy kicking a soccer ball or throwing a frisbee with friends.

**Kelsey:** Playing Spikeball with my husband and friends or having a dance party! My music selection for a dance party would be pop or anything with a good beat. I am a fan of most genres (minus country or metal music).

# What are some key goals you want to achieve with STS students?

Kelsey: We want students to have an awareness that Christian practices and beliefs can vary. We understand that our students come from all walks of faith and denominations, and these churches/faiths do things differently (like baptism for example). Group-based discussions are key. We want to work and think together while encouraging healthy debate. We have rules for these discussions so that they can be meaningful conversations marked by respect.

Both Steven and I want to build relationships with our students. We want to get to know them as we serve and worship with them. Our hope is to build trust and to meet them at both where they are and who they are. We want students to feel comfortable coming to us especially if they have hard questions.

**Steven:** One of the classes we teach is Ethics, and a large focus of this class is decision-making. We want students to consider what a good or bad decision looks like and why. In one of our classroom exercises, we have students think about their own values and rank them in importance. Students reflect on where they come from, and how they are influenced by those around them: family, friends, community, etc. We also spend time looking at ethical dilemmas, including everyday scenarios, and how students might react and handle those situations.



Kelsey: What happens in chapel is also a primary focus of our goals, and our shared experience creates a specific culture in that time together. Our hope is that faith is seen as an invitation. We want students to feel a sense of invitation to which they can respond and decide. We want to present all of it as a beautiful invitation. Our hope is to create a culture where chapel is seen as a teaching place where no one is perfect. It is a place where we can all learn, and it's okay when we mess up because chapel is a safe place to do so. It is a place where we can come, learn, mess up, and not worry.

**Steven:** It is important to us that when we introduce the Christian faith to students, we do so in a way that is inviting like Kelsey said. Chapel should be accessible, and we want students to know that they can be a very real part of it. We are committed to loving every student no matter where they stand and whether they accept this sense of invitation or not. We will love and support them no matter what. Our hope is that every interaction we have with students allows them to see and encounter God through that interaction.

# What is your favorite book of the Bible and key verse from that book?

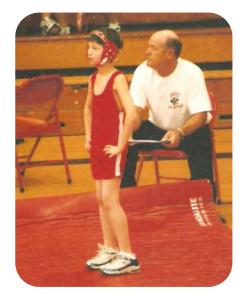
**Kelsey:** Psalms, specifically chapter 16. It has been meaningful in different stages of my life. It really connects me with God and nurtures that connection.

**Steven:** Colossians is my favorite book, and 1:10 is my favorite verse. It reads, "...so that you may live a life worthy of the Lord and please him in every way: bearing fruit in every good work, growing in the knowledge of God." This verse helps guide me on how to live my life.



Steven: My father was in the Air Force, so we moved around a lot as kids. From kindergarten through twelfth grade, I went to eleven different schools. I'm proud to say that in sixth grade I won the 65-pound wrestling city championship in Great Falls, Montana.

**Kelsey:** I participated in competitive cheerleading from fifth through eleventh grade. I am currently a fitness instructor at Duke, and I teach a class called Rhythm HITT (High-Intensity Interval Training). It is fun and freeing.











# Letter From the Rector



When I was recently asked to provide an article for the St.Timothy's Magazine, I inquired if instead of me merely writing a biblical, theological, or pastoral reflection for you, I might be able to use this platform to highlight the wider work of St. Timothy's Church itself. After all, a church isn't its rector, nor is it simply a building; rather, it is a body of believers, a people united in their shared effort to do God's will ("on earth as it is in heaven" - as we say in the Lord's Prayer).

There is so much I could praise about the congregation of St.Timothy's Episcopal Church. But if I had to narrow it down to one thing, what comes to mind would be our church deciding to welcome another congregation to come and live alongside us here on Six Forks Road. Just over a year ago, the congregation of North Raleigh International Church (NRIC) held its first service in the church parish hall (aka the school dining hall) and since then has regularly met each Sunday afternoon.

Churches renting space from other churches isn't unique; in fact, smaller congregations often need to do this as they first get started. But NRIC wasn't simply looking for a building, they wanted an extended family - one they found in the congregation of St. Timothy's Church.

I should probably mention that NRIC isn't what we might call a 'typical' congregation. 95% of those who attend their Sunday service are children and young people under the age of 15. Moreover, within that group a sizeable portion of the children have parents who came to the US as refugees during the 1990s and early 2000s. Despite this vibrant congregation of children living virtually hand-to-month, pastors Patrick and Pauline Warutere (themselves from Kenya) spiritually feed, nurture, and love 50+ children unlikely to ever enjoy the same blessings in life as the STS students who use their worship space as a dining hall Monday to Friday.

Unless you happen to be around campus on a Sunday afternoon, I doubt you've seen the congregation of NRIC. But what we might be prone to miss, their heavenly Father sees. Speaking of God, it is to Him that I am most grateful, for it is by his directive hand that STC has been able to listen, learn, and practice our faith through our shared ministry with NRIC. Whether it was the knitted winter hats handmade by our knitting group, the home cooked food prepared nearly every Sunday by one dedicated STC parishioner, or whether it was our church leadership board (the vestry) deciding to not charge NRIC a single dollar in rent, these are the indications that the gospel is being learned and lived out at STC - and I couldn't be happier about it.

Why don't you come and join us? You know, I have my doubts that God is only interested in people simply going to church - crucial though that is. Instead, His desire is for us to be his church every day of the week - to fully believe and fully embody the gospel. Are STC or NRIC being Christ's church perfectly? I wish, but no, we both have room to grow. Still, my hope here is simply to show that godly fruit has and is being borne here on Six Forks Road - something I anticipate is going to keep happening too, just watch and see!

FATHER ALLEN WALLER RECTOR, ST. TIMOTHY'S CHURCH

**ALUMNI FEATURE** 

# Abby Rinehard 2017



*Graduated* from St. Timothy's School in 2017 (attended K-8th, 2008-2017)



**Graduated** from Cardinal Gibbons High School in 2021



**Currently** a senior at North Carolina State University studying Elementary Education with Special Education Add-On and graduating a year early



# The WONDERFUL things I get to do at STS:

The summer after I graduated from STS, I volunteered to help Summer Camps Director Susan Patton with summer camps, and from there, the opportunity has blossomed into so many things. I am planning my eighth summer with our Camps Program, and my fourth summer running my own camps, which includes creating the curriculum. I am now in my seventh year in the After-School Care Program and my third school year as a substitute teacher. This year I am working alongside Mrs. Baird and Mrs. Piegzik on the yearbook, planning Pre-K and Kindergarten social studies curriculum, teaching Pre-K, and doing anything else to support! I have also been able to spend time in a few of our lower school classrooms observing our fabulous teachers to learn what great teaching looks like!



#### **At NC State**

I am a senior (Class of 2024) in the Elementary Education Undergraduate Degree Program. I am also pursuing a Special Education Add-On to my teacher licensure, which has included four graduate-level courses to gain more knowledge about how to best support all students. I am currently in my year-long student-teacher placement working with a fifth-grade class in the Wake County Public School System.

I am also in the University Honors Program and my Capstone Project is my own mixed methods research study involving pre-service teachers (like myself!) from programs around North Carolina. My goal was to better understand how prepared incoming teachers feel about incorporating social-emotional learning (SEL) strategies and what support they need to feel comfortable with SEL strategies. I want to gauge what ideas they have for improvements to undergraduate programs in this crucial area of study. I chose this research project because of my work as a Research Assistant for Dr. Jill Grifenhagen, an Associate Professor in Literacy Education at NC State, which helped me gain valuable, first-hand perspective regarding how to conduct research studies, and the topic of SEL as a result of my experiences at STS. I recently completed and presented this project and hope to get the piece published in the perspectives section of the EdNC website.

# **My Love for STS:**

The way that our community cares for people is simply like nothing else I have ever seen or felt. Every day, I see what true joy, gratitude, and encouragement of others to be at their best looks like within our Titan community. I can think of so many moments I felt loved by my teachers as a student, and by graduation, I truly came to realize how each teacher at our school genuinely wants the best for every student they work with. Each supports that effort in their own way, while ensuring that students are appropriately challenged and feel valued as a member of the St. Timothy's family. STS teachers help each child see their own potential in all areas of life. The relationships this positive learning environment allowed me to build with our faculty, staff, and peers have continued to grow since I graduated, and being able to support our current students and their families in the same way I had at St. Timothy's is an absolute honor for me. Now as I begin my career as an educator, my goal is to do what St. Timothy's teachers have done (and continue to do) for me as I work to help my own students become amazing people.

#### **Well Earned:**

**University Honors Program Student** 

**Pack Promise Scholar** 

Speaker at NCSU's 2023 College of Education Math Summit

Panel Participant supporting the College of Education and the Dean of the college

## **My Conclusion**

There are too many things I could say about the way that STS has shaped me to fit into a single article. It is a place that is VERY SPECIAL to me with many people I truly see as members of my family. Every place on campus holds some sort of memory. Everyone has helped me along my journey somehow, and no matter what, I know that people at STS are going to be around for me - they're "my people". Our school is like my personal Disney World if you can't tell!



#### **KEEPING TABS**

# **Class of 2019**

#### **Henry Absher**

Henry Absher graduated from McCallie School where he participated in Mock Trial Theater and Youth in Government He received faculty recognition for his work ethic, was on the Headmaster's List, won (Mock Trial) Outstanding Witness, and (Youth in Government) Outstanding Bill. He is currently attending the University of Montana, studying history with a second major in environmental studies, and works in a

research lab on campus studying endosymbiotic relations relating to the intracellular bacteria Wolbachia and fruit flies.



#### Nikki Allen

Nikki Allen graduated from Cardinal Gibbons High School. She was involved in robotics, wind ensemble, jazz band, and drumline while at Cardinal Gibbons. She was a National Merit Semifinalist. Nikki is attending the University of



늘 bama in Huntsville for computer science. Her name is on two patents and she is a part of the Space Hardware Club at UAH

#### **Sam Alphin**

Sam Alphin is currently attending the University of North Carolina at Charlotte, studying mechanical engineering. He graduated from Virginia Episcopal School, where he played Varsity Soccer, Varsity Golf, Varsity Basketball, Varsity

Football, Varsity Lacrosse,

and was on the Headmaster's list for 3 consecutive years. He says, "St. Timothy's academics carried me through high school."

#### **Joshua Baird**

Joshua Baird graduated from Cary Academy where he was in the National Honor Society and a leader of CA Wilderness Club. He was a captain of the winter and spring Track and Field teams and excelled in hurdles all 4 years. Joshua was active in Boy Scouts, served as a Deacon at White Memorial Presbyterian Church, sang in the youth choir, and was involved in high school youth leadership. He is an Eagle Scout, Troop 395. Joshua is a freshman at the University of North Carolina at Chapel Hill and is currently studying abroad at the University of Stirling, in Scotland,

> through the Carolina Global Launch program. He will return to Chapel Hill in January and plans to study business.

#### lan Balestrieri

Ian Balestrieri graduated summa cum laude from Broughton High School, where he was Vice President of the Health Science Club and a member of the National Honor Society and the



Spanish Honor Society. Ian attends North Carolina State University and is majoring in biology.

#### **Craven Bell**

Craven Bell received the University of South Carolina Capstone Scholarship and is attending the Darla Moore School of Business. He graduated from Broughton High School where he was on the Executive Cabinet, played Varsity Football, and ran Track & Field, and was a Triangle Miracle League Coach. He was an International Baccalaureate Degree

Recipient, in the National Honor Society, Spanish Honor Society, and on the All-Conference Academic Team. He received the NCHSAA Scholar-Athlete Individual Award.

#### Sara Elizabeth Bell

Sara Elizabeth Bell attended Saint Mary's School where she played Varsity Volleyball all 4 years, club volleyball, and was nominated for all-conference for Saint Mary's Volleyball. Sara Elizabeth was President of Development Ambassadors, a Student Ambassador, President of the Granddaughter's Club. and a student leader. She was in the Athletic Council, in the Spanish Honor Society and on the Honor Roll, Sara Elizabeth is an East Carolina University Honors College Chancellor's Fellow and is majoring in communications with a concentration in public relations. She is a member of Alpha Xi Delta Sorority and plays club volleyball at ECU.

"St. Timothy's prepared me so well for high school! I'm so thankful for all my teachers, especially Mrs. Whitley and Mr. Nowak!"

#### **Louisa Barrett**

Louisa Barrett graduated from Cardinal Gibbons High School, where she played Varsity Volleyball and was in the

National Honor Society. She attends North Carolina State University, studying pre-law criminology.

#### **Ellie Bock**

Ellie Bock graduated from Sanderson High School in the Academy of Finance and was a member of DECA. She played lacrosse and was the recipient of the Coaches Award for lacrosse. Ellie was on the A/B Honor Roll and received the NAF

> Certification (Academy of Finance). Ellie attends the University of Mississippi, Allied **Health Studies** Program (PA with Dermatology focus).

#### **KEEPING TABS: CLASS OF 2019**

#### **Caroline Bradshaw**

Caroline Bradshaw graduated from Saint Mary's School where she was the Executive SGA President and Day Life Representative of the Class of 2023 for two years and played field hockey. She was a member of the Vestry and Granddaughters Club. Caroline volunteered with the Dogwood Chapter of the National Charity League and was a Junior Counselor at Camp Cheerio the past two summers. She was a member of the Quill and Scroll Honor Society (Journalism Honor Society) and the National Art Honor Society. She received the Trefoil Friendship Award





Catherine Cobb graduated from
Broughton High School where she
participated in the Broughton dance
team, dance company, and was on the
executive leadership team. She served
on class council, and as NHS Dance Vice
President. She was in the National
Charity League, Broughton Service Club,
and the National Honor Society.
Catherine was a recipient of the Hattie
Stell Service Club Award and the

Leadership in Dance Award.
Catherine is an IB diploma program graduate.
Catherine attends the University of Georgia Honors College and is studying health promotion.

#### **Kate Denny**

Kate Denny graduated from Interlochen Arts Academy where she focused on visual arts - fashion and textile design, ceramics, and sculpture. She received

the Presidential Scholar
Award from the School
of the Art Institute of
Chicago where she
now attends.

#### **Anne Dougherty**

Anne Dougherty graduated from Cardinal Gibbons High School where she participated in theater performances including Bright Star and Joseph and the Amazing Technicolor Dreamcoat, was a member of Women in Business, National Honor Society, Physics Club, and iCube. She was a recipient of The Bishop Luis Rafael Zarama Award, given to seniors who rank in the top 10% of the graduating class. Anne is currently attending the University of South Carolina majoring in information science and data science with a minor in statistics and is participating in the USC Capstone Scholars program. "I am grateful to St. Timothy's School for providing an excellent foundation in writing, critical thinking, and classical

literature that served as a foundation for success in high school."

#### **Embree Duffy**

Embree Duffy is currently attending the College of Charleston in Charleston, South Carolina. Her major is undeclared and she plans to pursue a film studies minor. She was recently initiated into the Chi Omega chapter at the College of Charleston and is excited to continue learning and making friends. Embree graduated from Saint Mary's School where she was involved in Executive SGA, Judicial Board, Theatre, Ladies in Blue, Orchesis dance company, and Young Democrats. She received the 2019 Friendship Award and served as the Judicial Board Chair and the Young Democrats President. She was the Young Democrat's President. "I love

watching my younger
sister Beatrice receive
all the Titan love, and
it has been so special
to share so many
special memories
with her."



Ella Guess is attending Miami University (OH) and majoring in biomedical engineering. Ella graduated from Saint Mary's School where she was in the National Charity League, on the Honor Roll, and played Varsity Soccer.

#### **Bella Howard**

Bella Howard graduated from Saint Mary's School. While there, she was Captain of the Varsity Volleyball Team, VP of Mock Government Club, Student Ambassador, and VP of the Babysitters Club. She participated in club indoor and beach volleyball travel teams and Focus Bible Study. Bella was in the National Honor Society, Spanish National Honor Society, Art National Honor Society, and National Charity League. She was on the Honor Roll, received MVP at the Varsity Volleyball All-Conference, and All Saints Team Award. While in high school, Bella did an Internship at Duke Athletics and was On-Call BOA at Edward Jones

Investments. Bella is currently at North Carolina State University majoring in Finance.



Sophie Davis graduated from Leesville Road High School. While there, she founded the LRHS Art Service Club (donated homemade paintings, canvas outlines, and cards to hospitals, including WakeMed and UNC Rex, and hospice centers), played club beach volleyball, and managed the Boys Varsity soccer team. Sophie was an AP Scholar with Distinction and in the National Art

Honors Society. She currently attends
Duke University where she is planning to major in neuroscience or psychology.



#### **KEEPING TABS: CLASS OF 2019**

#### **Finn Hughes**

Finn Hughes is attending Appalachian State University where he is studying international business. He graduated

from Cardinal Gibbons where he was on the soccer and dive teams. He went to Regionals in Diving and was on the Honor



Chloe Loflin graduated from East Chapel Hill High School where she was President of the Japanese Club, Vice President of the Asian Pacific American

> Club, and a karate University as a graphic and UX design major.



#### **Carlie Pettersson**

Carlie Pettersson graduated from Cardinal Gibbons High School where she participated in wakeboarding, Franciscan Youth International, and Habitat for Humanity. She was on the A/B Honor Roll. Carlie is currently attending the University of Mississippi "Ole Miss", majoring in psychology and minoring in criminal justice. She is in the National Honors Society at Ole Miss and is in the Phi Mu sorority and participates in their dance team. Her roommate is Ellie Bock who also attended St. Timothy's. Carlie

**Alexander Pettifer** 

Alexander Pettifer graduated from St.

and Field and was part of the run and build crew for school theater produc-

tions. He was a Gold Key Admissions

Society and did an Independent Study in

Ambassador, in the National Honor

Script Writing and Film Production.

Alexander was a National Latin Exam

Silver Medalist, National Honor Society

Service Coordinator, Visual Arts Award

Excellence Scholarship from Ringling College of Art and Design as well as an

Academic Honors Scholarship and an

Achievement Honors Scholarship from

After graduation, he worked at Gwynn

Savannah College of Art and Design.

Winner, and received Academic Excellence in Foundations in Art and Academic Excellence in Chemistry Alexander received the Creative

David's High School where he participated in Varsity Cross Country and Track

and Ellie re-connected after finding out they were both attending Ole Miss!



Alex Kilani graduated from Cardinal Gibbons High School where he participated in the drama department, worked on the Repeater Art & Literary Magazine, and was a journalist with the Gibbons Globe Newspaper. He was in the National Honor Society, a Gibbons Leadership Institute Inductee, and a recipient of New American Scholarship for full college tuition. Alex attends Barrett Honors College/Walter Cronkite School of Journalism and Mass Communication at Arizona State University, majoring in broadcast journalism and documentary filmmak-

ing. Alex will be studying for the spring semester in Berlin, Germany, through the Barrett Honors Program.

#### Carter McCall

Carter McCall graduated from Woodberry Forest School. He was on the Varsity Baseball and Varsity Wrestling teams, and lettered in Varsity Football. He was Senior Class Peer Leader and Senior Deputy Prefect. He was selected by Woodberry's English department for the Study Abroad program in Oxford, England, in the summer of 2022. He also participated in the Appalachia Service Project in the Fall of 2022. Carter

currently attends the University of Alabama studying marketing and public relations and was appointed to the KA Rush Committee.



#### Charlie Kilani

Charlie Kilani currently attends the University of Colorado in the aerospace engineering sciences program and plays Rugby. He graduated from Cardinal Gibbons High School where he played Varsity Baseball, was in Honors Choir, National Honor Society, and Robotics. Charlie is an Eagle Scout, has two robotic patents, was the recipient of the Crusader Award, a Gibbons Leadership Institute Inductee, and

received the Chancellor's Achievement Scholarship and the Vi Sorrels Memorial Scholarship.

#### **Steven Morgan**

Steven Morgan currently attends Appalachian State University. He

> graduated from Cardinal Gibbons High School where he played Club Soccer.



attends Savannah College of Art and Design with a major in film and television and creative writing and a storyboarding minor.

#### **KEEPING TABS: CLASS OF 2019**

#### **Dan Rajaratnam**

Dan Rajaratnam graduated from Raleigh Charter High School, where he participated in Quiz Bowl, Theatre, and Band. He was selected to All District Band 9-11th grade, received the Winthrop Premier Out of State Scholarship, and

came in second place in the WRAL Brain Games. Dan attends Winthrop University and is majoring in musical theatre.



Eliza Dunn Tillman graduated from Saint Mary's School. While there, she was on the Judicial Board, in Executive Student Government, Vestry, and was a boarding prefect. Eliza Dunn was a recipient of the Capital Scholarship and Most Honorable Award. She currently attends

Sewanee: The
University of the
South and plans to
study natural
resources.



#### **Vivian Shillinsburg**

Vivian Shillingsburg attended Saint Mary's School where she was the captain of the Varsity Golf Team, played tournament golf, District-C, was MVP on the golf team, and won the coaches award. She was also an inclusion ambassador. She currently attends Appalachian State University Honors College majoring in public relations. She is a member of the marketing desk of

The Appalachian. She spends her free time volunteering at the Watauga Humane Society.



Carson Treadway is a freshman at the University of North Carolina at Wilmington studying business. He graduated from Cardinal Gibbons High School where he was on the Varsity Soccer and Track teams, in the National Honor Society, iCube Business Club, Serving our Soldiers Club, Fishing Club, and Boy

Scouts of America. He
was a two-time NC
High School Athletic
Association 4A
State Soccer
Champion and an
Eagle Scout.



#### **Hayden Stanley**

Hayden Stanley graduated from Cardinal Gibbons High School where he was a Football letterman and earned his Eagle Scout rank during high school. He was

awarded the Capstone
Scholarship to attend
the University of
South Carolina. He is
majoring in biotech
engineering.

#### **Gray Zimmerman**

Gray Zimmerman graduated from Broughton High School. While there, he played Varsity Soccer, was in the Executive Cabinet in Student Government, on the A/B Honor Roll and Cap-6

Conference Student
Athlete Honor Roll.
He currently
attends Wofford
College.









#### **UPDATE**

# **Alumni Club**

#### **Kurtis Konrad 2011**

Congratulations to STS alum Kurtis Konrad! Kurtis received his PhD in Industrial and Systems Engineering at North Carolina State University in October. Kurtis received his bachelor's, master's and PhD degrees from NC State University. During his time at NC State, Kurtis taught several classes while receiving his masters and PhD. Kurtis was a member of the band at St. Timothy's and continued in band at NC State.



Kate Konrad graduated in 2022 from the University of Carolina at Chapel Hill. Kate graduated with her bachelor's degree and Masters in Statistics. She's a statistician at a company in RTP.

## **Caroline Konrad 2015**

Caroline graduated from the University of North Carolina at Chapel Hill with her bachelor's degree and is a software developer at a company in Raleigh. All three Konrad kids are proud STS grads!

### Sean Duncan 2012

Sean Duncan is living and working in Nashville, TN, at a startup private school as a full-time Office Manager. She has had an amazing experience being behind the scenes on what it takes to start a private school. She wears many hats, but it has been the most fulfilling job she has ever had. She contributes that to the school being Christ-centered and having a heart to serve their diverse community. Sean said that working there reminds her of STS. She constantly thinks back to the amazing teachers she had, like Mrs. Austin, Mrs. Robertson, Mrs. Todd, Mr. Nowak, and Ms. Bierer. She feels like it has been a full circle moment to work at a school that is smaller and is making a positive impact on kids' lives. She has loved to see STS grow since she attended school here.







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St. Timothy's Episcopal School is a nurturing community of academic excellence that instills the knowledge, skills, and values for a life of purpose.

# It all starts here.

Important Dates:

January 12: Re-enrollment opens for current families
January 12: Financial Aid application deadline
January 26: First round application deadline
February 16: Pre-K and K notification
March 6: Pre-K and K commit date
March 8: Grades 1-8 notification date
March 20: Grades 1-8 commit date

Contact the Admissions Office at admissions@sttimothys.org to schedule a tour.









